

THEME: ENJOYING GOOD HEALTH AND WELLBEING

Theme lead: Public Health

Group members: To be finalised

Outcomes	Actions	Timeframe	Progress	RAG
<p>Increased health life expectancy</p> <p>More people enjoying good mental health and well being</p> <p>Increasing the number of well-paid and fair jobs for local people</p>	<p>CPP to commit to addressing health and socio-economic inequalities by:</p> <ul style="list-style-type: none"> • Developing and completion of a template for baselining status as anchor institutions • Developing and completion of a template for baselining position for paying due regard to the Fairer Scotland Duty • Developing guidance for promoting good health and wellbeing 		<p>Survey templates for anchor organisations and FSD/ health in all Policies have been developed and circulated to members of the Joint Programme Board. Extending the deadline and asking that all partners send this information to the PH mailbox.</p>	
	<p>Partners proactively engage in the Health and Wellbeing Area Partnerships/Locality Working Groups to develop local plans in each of the 5 localities and influence the direction of resource.</p>		<p>Verbal update to be given at meeting</p>	
	<p>The Partnership to effect change by advocating for reducing health inequalities aligning to the</p>		<p>The PH team are analysing health inequalities by reviewing data on uptake of health services and outcomes to identify and understand health</p>	

	<p>overarching purpose of the CPP to reduce inequalities.</p>		<p>inequalities across the Borders. More information on this can be shared in due course.</p>	
<p>Increased volunteering numbers throughout the Borders which will provide additional support to those in need, and increased levels of wellbeing both for volunteers and those who are being supported</p>	<p>Current volunteering landscape to be considered & opportunities to be promoted and maximised.</p>		<p>Volunteer Centre Borders/Third Sector Interface (now Borders Community Action) supported and worked with 70 community groups/charities to recruit volunteers. There are 520 open opportunities for volunteers in the Borders. signposted 97 volunteers to community groups and 104 new volunteers were identified. We held 4 drop-in sessions at Galashiels Jobcentre and 1 in Hawick Jobcentre between November-March for customers to find out more about volunteering and opportunities available. We attended 2 provider events in Galashiels Jobcentre. These events had a 5/6 organisations attending, and 30-40 customers split into 5 or 6 groups rotated around the providers in 10–15-minute slots. We gave an overview on the benefits of volunteering and opportunities available.</p> <p>We continue to encourage referrals from organisations: No One Left Behind (SBC), Developing Young Workforce, Skills Development Scotland (SDS), Community Learning and Development Service (SBC) and the Pastoral staff team in each of the 9 High Schools. We see an increase in young people who want to get involved in volunteering who are under 16 years of age. This is a massive barrier as very little organisations take under 16s due to various restrictions including insurance/PVGs and general worry of risk. We</p>	

			<p>are working with the schools and local youth groups to try and change the opportunities for under 16s. Between January – March we have supported 11 under 16's into formal consistent volunteer placements. During the January - March period our Youth Volunteering Development Officer has given 9 Saltire Awards and Volunteering/opportunities presentations and group talks to young people. Through collaboration with SDS, Developing Young Workforce (DYW) and Education, 7 placements have been currently found by Volunteer Centre Borders and we are working on securing start dates and welcome meetings for all the young people with the organisations.</p>	
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